



MINDA MASTER CLASS FOR FAMILY MEMBERS Person Centred Thinking (PCT)

Minda is modernising its practices and moving from a traditional service delivery model to a contemporary model of support. Future services at Minda will necessitate a rights based approach, where individual strengths and human rights will result in effective Person Centred Thinking embracing Active Support within that framework, allowing us to discover what is important to each person now and in the future via a process of continual listening and learning.

Minda's upcoming Master Class presents a not to be missed one-day workshop for families who have a family member with an intellectual disability.

Saturday 26 February
10am – 4pm (light lunch provided)
South Australian Learning Centre, Minda Brighton campus (see map on reverse)

For people with an intellectual disability, the pervasive presence of Person Centred Thinking (PCT) is vital if they are to have the ability to live positive, self directed lives within their own communities.

Facilitated by internationally accredited PCT trainer, Annette Mayer, this one-day session will provide families with a detailed understanding of the principles of PCT and assist them in supporting their family members with an intellectual disability to imagine and realise their dreams, aspirations and life goals.

Topics discussed during the workshop will provide participants with the values based skills that underpin person centred planning and the tools to:

- listen as people identify what is important to them;
- identify the qualities that people most value in others;
- explore what makes 'good days' and 'bad days';
- analyse an issue or situation across different perspectives; and
- assist people in making smarter decisions and enriching their lives.

The session will also equip participants to ensure plans relating to family members are created, implemented, acted upon and regularly updated, and that people's lives are improved.

If you would like to attend, please contact the South Australian Learning Centre on 8422 6530 by Friday 18 February. Bookings are essential as seats are limited.



Facilitator, Annette Mayer, is trained in Person Centred Thinking, supervision, risk and teams, essential lifestyle planning, maps, PATH and positive and productive meetings. She is an accredited Person Centred Thinking trainer with The International Learning Community for Person Centred Practices.

Annette is also the mother of an adult daughter who has a disability and has used Person Centred Thinking tools successfully to support her daughter to have an enriched, valued and contributing life.



Together, we are doing it.

We Can Do It

South Australian Learning Centre (SALC), Brighton campus

